

Botox® Cosmetic/Jeuveau/Dysport/Xeomin Post Treatment Care

In general, you may resume regular activity after your injection.

However, please keep these suggestions in mind for better results.

- Avoid manipulation of the area for 4 hours.
- Try to lay down for 4 hours after to prevent spreading
- Do not exercise for 24h
- You may have minor bruising or swelling at the injection sites.
- Do not apply make-up for 24h
- It may take 3-8 days after injection to see the results.
- The results may last 3-6 months but the average is 4 months.

A touch-up may be necessary in 2 weeks. Please call if you don't have significant improvement after 2 weeks of treatment.