

DO NOT TAKE THESE MEDICATIONS BEFORE YOUR PROCEDURE OR SURGERY

Medications that contain aspirin, as well as many other medications and supplements, may cause bleeding. Medications and supplements of this nature should not be taken for 2 weeks before and 2 weeks after your surgery. The following is a list of such medications and supplements, but it is not all-inclusive. If you have questions please check with your pharmacist or call us for clarification.

If you are on aspirin, Plavix, or any other type of blood thinner, you need to discuss this with your surgeon at least 4 weeks before your procedure to allow time to find out if the medication can be stopped before surgery.

PRESCRIPTION & NON-PRESCRIPTION

AC & C	C2 with Codeine	Midol
Advil	Celebrex	Motrin
Alka Seltzer (Regular & Flavoured)	Coricidin Cold	Nervine
Anacin	Coricidin "D"	Norgesic
Antidol	Coryphen	Novasen
Apo-A.S.A.	Darvon-N	Nova AC & C
Apo-A.S.E.N	Dolomine - 37	Nuprin
Arco Pain Tablets	Endodan	Pain Aid
A.S.A.	Entrophen (Regular, Extra Strength, Maximum Strength or Super Extra Strength)	Phenaphen
Asacol	Excedrin	Robaxial
Asaphen	Equagesic	Tecnal
Asasantine	Fiorinal	Tri-buffered A.S.A.
Aspergum	Headache Tablets	Triaminic Tablets
Aspirin of any type	Herbopyrine	Vanquish
Astone	Instantine Analgesic Tablets	217's, 222's, 282's, 292's, 692's
Bufferin	Ibuprofen	
C2 Buffered		



CAROLINE SZPALSKI
MD PHD FACS

Plastic and Reconstructive Surgery

311 Bay Avenue, Suite 201

Glen Ridge, New Jersey

Phone +1 646-777-0170

Fax +1 646-777-0172

VITAMINS / SUPPLEMENTS / HERBAL REMEDIES

Echinacea
Ephedra
Evening Primrose Oil
Feverfew
Flax Oil
Garlic
Ginko Biloba

Ginseng
Green Tea
All herbal Tea
St. John's Wort
Vitamin A, E and C
Vita A.S.A. 325 mg

To be safe, please do not take any vitamins, supplements, herbal remedies or over-the-counter medications 2 weeks before surgery. The only exceptions to this are Arnica Montana, which may be used starting the day before your surgery, and Acetaminophen (Tylenol) Plain or Extra Strength can be used for aches and pain. Most prescription medications can be continued, but please check with us.